



DON'T MISS OUR  
**PARENTING  
BOOK CLUB!**

JOIN OTHER PARENTS TO DISCUSS A GREAT BOOK WITH  
EXPERTS IN PARENTING, EDUCATION, AND FAMILY MENTAL HEALTH.

**MONDAY APRIL 22 FROM 7:30 – 9:00 PM**

BEHAVE: THE BIOLOGY OF HUMANS AT OUR BEST AND  
WORST BY ROBERT SAPOLSKY

**GUEST PRESENTER:**

SARAH WAYLAND, GUIDING EXCEPTIONAL PARENTS, LLC

**MONDAY MAY 16 FROM 7:30 – 9:00 PM**

POSITIVE DISCIPLINE BY JANE NELSEN, ED.D.

**GUEST PRESENTER:** JULIANNE REILLY, LICSW, CERTIFIED  
POSITIVE DISCIPLINE PARENT AND CLASSROOM EDUCATOR

AT THE OFFICES OF BETTER TOGETHER FAMILY THERAPY  
3720 FARRAGUT AVE, SUITE 301, KENSINGTON, MD 20895  
SELECT "BETTER TOGETHER" ON KEYPAD FOR BUILDING ENTRY

This is a "pay what you can" service, intended to be accessible  
for all families. Scan QR code to register or visit our website at  
[www.BetterFamilyTherapy.com/services/groups-and-workshops](http://www.BetterFamilyTherapy.com/services/groups-and-workshops)  
to reserve your space at one or both events.

